

Contribution of two different packaging material to microbial contamination of peaches: implications in their microbiological quality

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1 **Contribution of two different packaging material to microbial**
2 **contamination of peaches: implications in their microbiological**
3 **quality**

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34 **Abstract**

35 Aim: Aim of this work was understanding the microbial transfer dynamics from packaging to
36 packed peaches in relation to the packaging used.

37 Method and Results: A challenge test was performed, inoculating *Escherichia coli*, *Pseudomonas*
38 spp. and *Saccharomyces cerevisiae* on cardboards and RPC (Reusable Plastic Containers), and
39 monitoring their cell loads on fruits according to a probabilistic model and a Response Surface
40 Methodology in relation to several independent variables (number of fruit lesions, fruit temperature
41 storage and commercialization time). The data recorded on packed peaches for *Pseudomonas* and
42 *S.cerevisiae* were modelled to fit the second order model to study the main, interactive and quadratic
43 effects of the independent variables on the cell loads of target microorganisms as well as on the shelf-life of
44 the fruits in relation to packaging material used. The data collected for *E. coli* were codified as presence
45 (1) or absence (0) and modelled with a logistic regression analysis to assess the probability of *E.*
46 *coli* transferring from packaging to fruits in relation to the adopted variables. The data showed a
47 higher contamination frequency of the fruits packed in plastic than in cardboard. Increasing the
48 storage temperature and the number of lesions, the probability of transferring of *E. coli* from
49 packaging materials to fruits increased, independently on commercialization time or packaging
50 used. For *Pseudomonas*, the contamination levels detected on fruits packaged in plastic were
51 significantly higher compared to those found on fruits packed in cardboard, independently on the
52 considered variables. The polynomial equations showed the *S. cerevisiae* cell loads of fruits stored
53 in plastic was positively affected by the quadratic term of temperature.

54 Conclusions: the use of cardboard, compared to plastic, can significantly reduce the potential of
55 microbial transferring from packaging to fruits. The probabilistic and kinetic models used showed a
56 higher microbiological qualities of peaches stored in cardboard boxes, independently on the
57 independent variables considered. The best performances of cardboard, compared to plastic, was
58 probably due to its capability to entrap microbial cells.

59 Significance and Impact: cardboard reduces fruit contamination and increases their shelf-life with
60 positive fallouts on fruit shelf-life and all the logistic and distribution chain.

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64 **Keywords:** packaging, cardboard, reusable plastic container, vegetables, quality, shelf-life

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75 1. Introduction

76 The adhesion and persistence of microorganisms to the surfaces can spread pathogens and spoilage
77 microorganisms to foods, influencing their shelf-life and safety (Barnes, *et al.*, 1999; Bae *et al.*,
78 2012). Several studies have showed the ability of microorganisms to attach to all the surfaces
79 commonly found in the food processing environment, such as stainless steel, polystyrene, rubber,
80 glass, wood and so on (Czechowski, 1990; Mafu, *et al.*, 1990; Krysinski *et al.*, 1992; Suarez *et al.*,
81 1992; Barnes *et al.*, 1999; Siroli *et al.*, 2014). Additionally, if microorganisms remain on a given
82 surface for a relatively long time, they can multiply and, eventually, form biofilms (Uhlich *et al.*,
83 2006). Although no literature reports are available on the survival of microorganisms on packaging
84 materials, several studies showed that various foodborne pathogens, including *Escherichia coli* and
85 *Listeria monocytogenes*, can survive on utensils and equipment surfaces for hours or days
86 (Kusumaningrum *et al.*, 2003; Wilks *et al.*, 2005; Wilks *et al.*, 2006; Martinon *et al.*, 2012).
87 Microbial cross-contamination refers to the transfer, direct or indirect, of microorganisms (bacteria,
88 virus, parasites, or fungi) from a contaminated item to a non-contaminated one (Minnesota Dept.
89 Health, 2007). In food, cross contamination of foodborne pathogens is a major concern since it
90 increases the health risk for humans due to the intake of contaminated food. Otherwise, cross-
91 contamination of foodborne pathogens from inert surfaces to foods is well documented
92 (Kusumaningrum *et al.*, 2003; Lin *et al.*, 2006; Wilks *et al.*, 2006; De Candia *et al.*, 2015; Erikson
93 *et al.*, 2015).

94 On the other hand, fresh produce have been associated in several outbreaks caused by *E. coli*
95 O157:H7, *Salmonella* spp. and *L. monocytogenes* (Alegre *et al.*, 2010; Scallan *et al.*, 2011; Oliveira
96 *et al.*, 2012; Siroli *et al.*, 2014). According to EFSA (2013), these products are involved in more
97 than 5% of food borne illness in Europe. Also the USA Centre for Disease Control and Prevention
98 (CDC) clearly showed the fresh produce as a source of contamination leading to food borne
99 illnesses. In fact, pathogens, eventually introduced during the production chain, may remain until
100 the product consumption due to the lacking of treatments able to eradicate the microbial cells. The
101 interruption of cold chain during distribution, sale and home storage determine rapid deterioration
102 of these products due to the growth of spoilage microorganisms present on fruit and vegetable. To
103 increase the limited shelf-life of fresh produce the tendency is to pack unripe fruit and vegetable
104 characterized by lower sensory features compared to ripe fruits. Consequently, controlling the
105 permanence of microorganisms on surfaces, including packaging materials, is fundamental in
106 reaching food safety standards and improving the overall quality (i.e. texture, flavor, aroma) and
107 shelf-life of fresh produce. The literature data on the contamination levels of packaging materials
108 are few and fragmented. However, they demonstrated that packaging materials can be contaminated
109 by spoilage and pathogenic microorganisms (Suominen *et al.*, 1997). The cell loads normally
110 detected for mesophylic aerobic bacteria ranged between $10^3 - 10^6$ cfu/cm² for packages of recycled
111 materials and between $10^2 - 10^5$ cfu/cm² for products based on virgin fibres (Suominen *et al.*, 1997).
112 The wide variability is mainly due to the differences in physico-chemical features of packaging
113 materials but also in logistic such as transportation. The few literature data show that spore-forming
114 bacteria (belonging to the genera *Bacillus*, *Geobacillus*, *Alicyclobacillus* and *Clostridium*) and
115 moulds (belonging mainly to the species *Aspergillus niger*, *A. cinnamomeus* and *Cladosporium*
116 *herbarum*) prevail on packaging microbiota. They are widespread microorganisms, resistant to
117 adverse environmental conditions and endowed with high spoilage potential (Binderup *et al.*, 2002;
118 Turtoi and Nicolau, 2007). However, also yeast and other spoilage bacteria can be present on
119 packaging materials. To avoid and/or minimize this issue, the use of appropriate packaging is
120 essential, since it acts as a barrier that can protect fresh food from contamination (Campos *et al.*,
121 2014). The importance of paper-based materials has been already recognized for many years. The
122 greatest benefit of these ones in comparison to plastic materials is their comparatively minimal
123 impact on our environment and biodegradability (Levi *et al.* 2011; Hladikova *et al.*, 2015).
124 However, although the Regulation (EC) No 852/2004 on materials and articles intended to come

125 into contact with food stipulates that “the packaging must not be a source of food contamination,
126 understanding the real contribution of the packaging material in product contamination is not very
127 simple due to the impossibility to establish “*a priori*” the level of the naturally occurring fruit and
128 packaging microflora. In addition, the microbial survival, growth or death on the packaging
129 materials, and consequently their role in cross contamination of packed fruits, are affected by
130 environmental conditions, including storage temperature, relative humidity and nutrient availability
131 (Siroli *et al.*, 2014; Erikson *et al.*, 2015; De Candia *et al.*, 2015). Also the growth potential of the
132 microorganisms on fruit surface is affected by the intrinsic features of fruit species and variety (*i.e.*
133 specific surface features, acidity, sugar content and so on), by the ripening and by the presence of
134 wounds and exudates (Heaton and Jones, 2008). In this framework, aim of the current research
135 was to evaluate the role of the packaging material in the cross-contamination of packed peaches in
136 relation to some environmental conditions and fruit quality. To reach this goal and to understand
137 the dynamics of microbial transfer from packaging to packed fresh peaches, a challenge test was
138 performed. In particular, *E. coli*, *Pseudomonas* spp. and *Saccharomyces cerevisiae* were inoculated
139 on two different types of packaging, such as cardboards and reusable plastic containers (RPC) and
140 their cell loads on the packed fruits during the storage were monitored. *Pseudomonas* spp. and *S.*
141 *cerevisiae* were used in the present study as target microorganisms because frequently involved in
142 fresh produce spoilage and recorded at high cell loads in spoiled fruits mainly in correspondence of
143 rotten spots (Hyun *et al.*, 2015). To study the effects of storage temperature and time of storage
144 during the commercialization, as well as the fruit quality, chosen as independent variables, on the
145 transferring of target microorganisms from packaging materials to fruits, a multi-variable
146 experimental design was set-up. To evaluate the relationships among the considered independent
147 variables and the probability of transferring of *E. coli* from packaging materials to stored fruits, a
148 logit model was used. In fact, logistic regression is a useful tool in predictive food microbiology to
149 determine the food safety in relation to food composition, process or storage variables (Zhao *et al.*,
150 2001; Belletti *et al.*, 2007). In addition, the Response Surface Methodology (RSM) was used to
151 study the main, interactive and quadratic effects of the independent variables on the cell loads of
152 *Pseudomonas* spp and *S. cerevisiae* as well as on the shelf-life of the fruits in relation to packaging
153 material used.

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156 **2. Materials and Methods**

157 **2.1 Microorganisms**

158 *Escherichia coli* E555, *Pseudomonas* spp and *Saccharomyces cerevisiae* Spa, belonging to the
159 Department of Agricultural and Food Sciences (DISTAL, University of Bologna), were employed
160 in this study. The spoilage strains were isolated from spoiled peaches.

161 The stock cultures of *E. coli* and *Pseudomonas* spp. were maintained in BHI broth (Oxoid,
162 Basingstoke, UK) while *S. cerevisiae* was stocked in YPD broth (Oxoid, Basingstoke, UK). All
163 contained sterile glycerol (20%v/v) and were stored at -70°C . Fresh cultures of each strain were
164 obtained by two consecutive passages of a 1%(v/v) inoculums of the frozen stocks in appropriate
165 broths and incubation conditions.

166 **2.2 Packaging and fruits**

167 The packaging used in this research were cardboard (60cmx40cm) and RPC (60cmx40cm). The
168 cardboard was certified by Bestack and purchased by Ghelfi Ondulati S.p. A (Cesena, Italy) while
169 RPC boxes were bought at a local fruit and vegetable gross market (Cesena, Italy) and sanitized
170 before using. The peaches (var. MAYCREST) were purchased by a local distributor (Cesena, Italy).
171 The packaging and peaches were checked for the initial contamination levels for coliforms, yeasts
172 and *Pseudomonas* spp.

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174 **2.3 Set-up of the experimental plan**

175 In order to understand the role of the packaging material in the cross-contamination of packed
176 peaches in relation to some environmental conditions and fruit quality, a Central Composite Design
177 (3 independent variables and 5 levels) (CCD) was performed considering temperature of fruit
178 storage, commercialization time (storage time during commercialization) and number of fruit
179 lesions as independent variables (Table 1) according to Box et al. (1978). In addition to the 17 runs,
180 CCD was reinforced by the addition of 3 additional combinations (18, 19, 20) to allow a better
181 prediction at the lowest and highest values of the three independent variables considered according
182 to Belletti et al. (2010). Peaches were washed with tap water, surface disinfected by dipping for 1
183 min in 1% (w/v) of sodium hypochlorite (NaOCl) solution, rinsed with sterilized water and then
184 air-dried. Also RPCs were decontaminated before inoculation following the same procedures used
185 for peaches. In contrast, the corrugated boxes were produced by Ghelfi just before the set-up of the
186 trials and stocked before usage avoiding re-contamination through the protection of a proper film.
187 In order to understand the dynamic of microbial transferring from packaging material to packed
188 peaches, RPC and corrugated were deliberately inoculated with the target microorganisms at level
189 of 2 log cfu/cm² for *E. coli* and between 3 and 4 log cfu/cm² for *Pseudomonas* spp. and *S.*
190 *cerevisiae*. The target microorganisms vehicle in ringer solution (20 ml for each box) were sprayed
191 on the box surfaces and let dry at room temperature. The same inoculation level was used for
192 corrugated and RPC boxes. Following, all the boxes were filled with the peaches that presented a
193 different number of lesions and stored at the temperature established by the experimental plan
194 (Table 1). At the times established by the experimental plan, the transfer of the target
195 microorganisms was evaluated. For each run of the experimental plan, 20 fruits were analyzed. For
196 *Pseudomonas* spp and *S. cerevisiae*, for each run considered, the fruits were analyzed also during a
197 further 48-72 h of storage, in addition to the times fixed by the experimental plan, in order to collect
198 from 4 to 6 additional points to use for primary growth model fitting and estimating the time
199 necessary to reach 7log cfu/fruit. The data collected over the whole storage were used to evaluate
200 the time necessary to reach a arbitrary threshold of 7 log cfu/fruit (see section 2.5). The storage was
201 prolonged further 48 h for the samples stored at 19 and 24°C, and of 72 h for the samples stored at
202 4, 9 and 14°C. The different storage times, in relation to temperature, were due to the effect of
203 temperature on fruit quality. So the storage period considered to evaluate the time necessary to
204 reach a arbitrary threshold of 7 log cfu/fruit ranged between 86.5 and 144.5h.

205 **2.4 Microbiological analysis**

206 At the time established, twenty fruits for each run were randomly taken and analyzed. Each fruit
207 was washed with 30 ml of ringer solution (0.9% NaCl). The peaches were maintained in agitation
208 for 5 min and following the washing water was analyzed. To check the microbiological quality of
209 the packaging, after decontamination and/or before inoculation of the target microorganisms, a
210 superficial swab was performed analyzing 10 cm².

211 *E. coli* was found by using VRBA (Violet Red Bile Agar, Oxoid), added with MUG (4-
212 methylumbelliferyl-β-D-glucuronide); *Pseudomonas* was detected on *Pseudomonas* agar base
213 (Oxoid) while *S. cerevisiae* on YPD agar according to the procedures described in Lanciotti *et al.*
214 (2004a) and Siroli *et al.*(2014). The plates were then incubated at the optimal temperature for each
215 considered microorganism. In particular, for *E. coli*, the plates were incubated at 37°C for 24 h
216 while for *Pseudomonas* and yeasts they were incubated at 27°C for 48 h.

217 **2.5 Data analysis**

218 For *E. coli*, the data obtained was codified as presence (1) or absence (0). On the basis of the
219 obtained results (1 or 0), a logistic regression analysis (Hosmer and Lemeshow, 1989) was carried
220 out using the statistical package SPSS v. 19 (SPSS Inc., Chicago, Ill., U.S.A.) in order to assess the
221 probability (P) of *E. coli* transfer from packaging to fruits in relation to the adopted variables. The
222 generic model used for multiple logistic regression was

$$223$$
$$224 P = \frac{e^{(a+bx)}}{1 + e^{(a+bx)}}$$
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According to Hosmer and Lemeshow (2000), the different relationships between the logit and the continuous independent variables can assume a linear, quadratic, and other nonlinear form. In this case, $g(x)$ corresponds to the equation

$$g(x) = \beta_0 + \sum \beta_i x_i + \sum \beta_{i^2} x_i^2 + \sum \beta_{ij} x_i x_j$$

where the covariates ($i \dots j$) were, in this case, the independent variables. According to Hosmer and Lemeshow (2000), the logistic equation can be linearized, and, in this case, it can be transformed into

$$\text{Logit}(P) = \ln\left(\frac{P}{1-P}\right) = a + bx$$

For *Pseudomonas* spp and *S. cerevisiae*, the raw data recorded, according to the fixed experimental plan, were modelled using a software Package (Statistica for Windows, Statsoft, Tulsa, USA) to fit the second order model to dependent variables, i.e. the spoilage microorganism cell loads. The variables with a significance lower than 95% ($p > 0.05$) were not included in the final models which were re-fitted after removing the non-statistically significant terms. The goodness of fit of the models obtained was evaluated using the Fisher F-test (and the derived p-values).

Three-dimensional surface plots were drawn to illustrate the major and interactive effects of the independent variables on the dependent ones. These graphs were drawn imposing a constant value (i.e. the central points of the interval taken into consideration) to one of the three independent variables.

The cell load data, recorded during the storage, ranging between 86.5 h and 144.5 h, at the different temperatures of the CCD, for *Pseudomonas* spp. were also modelled using the Gompertz equation modified by Zwietering et al. (1990).

$$y = K + A \times \exp\{-\exp[(\mu_{\max} \times e/A) \times (\lambda - t) + 1]\}$$

where k is initial level of yeast/*Pseudomonas* (log cfu/fruit)

A is the maximum cellular density increase with respect to the initial cell load (k) (log cfu/fruit).

μ_{\max} : maximum specific growth rate (log (cfu/fruit)/hours).

λ : latency time (lag time) (hours).

t is the time (hours) necessary to reach the cell load of 7.0 log cfu/fruit chosen as arbitrary spoilage threshold. This value was used to solve the equation and calculate the time necessary to reach 7.0 log cfu/fruit.

At least 6 different cell loads recorded during the whole storage period (86.5-144.5h) were used to obtain the kinetic parameters.

3. Results and Discussion

The quality of peaches, after the sanitizing treatment and before packaging, was checked evaluating the contamination level of *Pseudomonas* spp, yeasts and *E. coli* of 30 peaches randomly collected. All the microorganisms considered were under the detection limits (data not shown). On the other hand, the fruits used were un-ripened, sanitized and of high quality (without lesions).

3.1 Transferring of *E. coli* from packaging material to fruits and probability of contamination packed fruits

The cell loads of *E. coli* recorded in the packed peaches, in relation to the considered run of the experimental design and to packaging materials used, are shown in tables 2 and 3. The data clearly showed a higher contamination frequency of the fruits packed in plastic than in cardboard boxes. In

277 fact, *E. coli* was sporadically detected in runs 4, 8, 7, 15, 18 and 12, at levels ranging between 30
278 and 1920 cfu/fruit when cardboard was used as packaging material. By contrast, the number of
279 contaminated fruits and the cell loads per fruit dramatically increased when plastic boxes were used
280 with the exceptions of the runs 4 and 19 where the contamination levels were under the detection
281 limits. In fact, the percentage of samples positive for *E. coli* attained 90-95% of the analyzed fruits
282 in 3 of the runs (5, 13 and 16) of the experimental design when the plastic was used as packaging
283 materials, while it never exceeded 25% of fruits stored in cardboard. On the other hand the role of
284 surfaces and inert materials to transfer, directly or indirectly microorganisms from a contaminated
285 item to a non-contaminated one, is well known (Minnesota Dept. Health, 2007; Erickson *et al.*,
286 2015; Cunningham *et al.*, 2011). In particular, Foong-Cunningham *et al.* (2012) underlined the
287 importance of adequate cleaning and sanitization procedures to reduce the microbial contamination
288 of fruit and vegetable reusable plastic containers to improve the safety and shelf-life of fresh
289 produces.

290 In this research, the logit model, based on the linearization of the logistic equation, was used to find
291 relationships among the considered variables and the probability of transferring of *E. coli* from
292 packaging materials to stored fruits, in relation to the independent variables adopted (temperature of
293 storage, commercialization time and number of fruit lesions). In fact, logit models are particularly
294 useful when the observations to be modeled are not continuous but express the probability of an
295 event (for example, growth/no growth and the presence or the absence of a specific microorganism).
296 Based on empirical data, logistic regression calculates the probability of a binary outcome as a
297 linear function of a combination of predictor variables (Hosmer and Lemeshow, 1989). The
298 application of logistic models were applied to predict bacterial and yeast growth in several food
299 matrices (Lanciotti *et al.*, 2001; Membre *et al.*, 2001; Koutsoumanis *et al.*, 2004; Belletti *et al.*,
300 2007; Belletti *et al.*, 2010, Dang *et al.*, 2010). In order to develop the model the value 0 was
301 assigned to the absence of *E. coli* while 1 was assigned to the presence of *E. coli* on fruit surface.

302 The equations obtained in relation to packaging material used and the statistical diagnostics (Chi
303 square and P) are reported in table 4.

304 To better pinpoint the effect of the independent variables taken into consideration on the *E. coli*
305 transferring probability in relation to packaging material, Figures 1 and 2 were drawn from the
306 equation of table 4, maintaining the commercialization time to a fix value of the experimental
307 design (24 or 48 h). Increasing the storage temperature and the number of fruit lesions, the
308 probability of transferring of *E. coli* from packaging materials to fruits increased, independently on
309 commercialization time or type of material used. The number of lesions showed an highest effect
310 on fruits stored at lowest temperatures compared to those stored at the highest ones of the
311 experimental design. In any case, the probability of *E. coli* transfer from packaging to packed
312 peaches is higher in plastic material.

313 The comparison showed clearly the negative effects of commercialization time on the transferring
314 probability of *E. coli* when the fruits were stored at low temperature. This negative effect can be
315 attributed to the incapability of the strain used to growth at 4-8°C. Otherwise the literature data
316 showed that *E. coli* can remain viable on several types of surfaces for long period (up to some days)
317 in appropriate physico-chemical conditions (in terms of humidity, temperature, atmosphere
318 composition) and nutrient availability (DeVere and Purchase, 2007). It is well known that several
319 extrinsic (environmental) and intrinsic factors can contribute to the dynamics of pathogen
320 transference as showed by Pérez-Rodríguez *et al.* (2008). Among the extrinsic factors the surface
321 properties and level of moisture, the relative humidity in the atmosphere, and the time of contact
322 (i.e. the commercialization time) were indicated as the most significant ones. Among the intrinsic
323 factors, the presence of exopolysaccharides and the pathogen contamination level were the most
324 important for the microbial transferring.

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326 **3.2 Transferring of *Pseudomonas* and *S. cerevisiae* in relation to packaging material and**
327 **effects on fruit shelf-life**

328 In tables 5 and 6, the cell loads detected for *Pseudomonas* in the different runs of the experimental
329 design in relation to packaging material used are reported. The contamination levels detected on
330 fruits packaged in plastic boxes were significantly higher compared to those found on fruits stored
331 in cardboard boxes, independently on the level of the independent variables considered
332 (temperature, commercialization time and number of lesions). In fact, in the peaches packed in
333 corrugated boxes, the contamination levels of *Pseudomonas* spp. were 1.0 log lower than those
334 detected on fruits stored in plastic. Also for *S. cerevisiae*, significantly lower contamination levels
335 were detected in peaches stored in corrugated compared to those packed in plastic boxes. In
336 particular, the peaches stored in plastic showed yeast cell loads higher than those stored in
337 corrugated of at least 1.5 log cfu/fruit. However, differences up to 2.8 log cfu/fruit (i.e. run 18) were
338 found in relation to the packaging used. The Response Surface Methodology (RSM) was used to
339 study the main, interactive and quadratic effects of storage temperature, commercialization time and
340 number of lesions on the cell loads and shelf-life of the fruits in relation to packaging material used.
341 RSM is a statistical tool, which is used to design the experiments, build models, thereby, evaluate
342 the effect of various variables on one or more responses and sets an optimal solution for the
343 responses with reduction in the number of experimental runs (Bas and Boyaci, 2007; Uncu and
344 Cekmecelioglu, 2011). Most commonly used design in RSM is Central Composite Design (CCD)
345 which is characterized by flexible rotation in the design space, more precise predictions about the
346 response of the variables along with the information about the experimental errors (Montgomery,
347 2009). RMS and CCD were widely used to study microbial growth parameters and/or food
348 microbial shelf-life in relation to several physic-chemical, process and storage conditions (Lanciotti
349 *et al.* 1999; Patrignani *et al.*, 2006; Patrignani *et al.*, 2007; Bas and Boyaci, 2007; Uncu and
350 Cekmecelioglu, 2011; Arora *et al.*, 2015). The polynomial equations obtained modeling the fruit
351 cell load data of *Pseudomonas* and *S. cerevisiae*, in the different runs of the CCD, in relation to
352 packaging material used are reported in Table 7. The polynomial equations showed that the cell
353 load of *S. cerevisiae* of fruits stored in plastic boxes was positively affected by the quadratic term of
354 temperature and by the interaction between temperature and commercialization time. The effects on
355 storage temperature and commercialization time on the cell loads of *S. cerevisiae* is better showed
356 by figure 3, obtained from equation 1 maintaining the lesion number on its central value of the
357 CCD (2 lesions). In fact, in the fruits with 2 lesions *S. cerevisiae* cell loads reached the maximum
358 level after 72.5 hours of storage at 24°C. According to equation 2 of Table 7, *S. cerevisiae* cell load
359 was positively and significantly affected by the interaction between temperature and number of
360 lesions. As shown by figure 4, obtained maintaining at its central value the commercialization time,
361 the highest levels of *S. cerevisiae* were observed in peaches having 4 lesions and stored at 24°C. *S.*
362 *cerevisiae* growth in fruits packed in cardboard boxes was reduced compared with that of fruits
363 packed in plastic during the storage due to the reduced transferring from packaging materials to
364 peaches. The positive effect of the number of lesions on the cell loads of *S. cerevisiae* was due to
365 the release of cell content from damaged tissue that is reported to stimulate the microbial growth
366 (Lanciotti *et al.*, 2004b; Siroli *et al.*, 2014; Patrignani *et al.*, 2015). As shown by equation 3 and 4
367 and figures 5 and 6, the growth of *Pseudomonas* spp., microorganism notoriously endowed with
368 reduced nutritional requirements compared to *S. cerevisiae*, was positively affected by the
369 commercialization time and storage temperature in plastic and cardboard boxes, respectively. The
370 significantly lower cell loads recorded in fruits stored in cardboard resulted in significant reduction
371 of the growth potential of the spoilage microorganisms taken into consideration. In fact, although
372 the microbial growth is only one of the several factors affecting fresh produce, the time necessary to
373 reach 7 log ufc/fruit by *Pseudomonas* spp. in peaches stored in cardboard was 24 and 72 hours
374 longer than that in plastic and this time was taken as an arbitrary measure of shelf-life in our
375 experimental condition (Tables 5, 6). The time necessary to reach the threshold was calculated
376 according to Gompertz equation that fitted well the experimental data recorded over time as shown
377 by the Figure 7a,b, relative to peaches, having the same number of lesions, stored at 24, 14, and
378 4°C, in plastic and corrugated, respectively. In fact, in the experimental plan used the number of

379 lesions was an independent variable. It is well known that the wounds are points in which the
380 microbial multiplication is increased and in our experimental conditions the threshold value of 7 log
381 cfu/fruit was associated to an evident fruit sensory spoilage. The delay of microbial growth is
382 important not only for its effect on fruit microbiological quality and shelf-life but also because it
383 meets the consumers' expectation, preferences and habits. In fact, the attractiveness of fresh
384 produce for consumers is determined also by organoleptic factors like appearance, firmness, taste
385 and perceived health benefits as well as by safety and shelf-life of the product (Malmendal *et al.*,
386 2011; Cuthbertson *et al.*, 2012; Santucci *et al.*, 2015). The fruit considered in this research (peach),
387 being a living organism with high metabolic activity, is subjected to a rapid quality decreases after
388 harvest due mainly to ethylene production. This causes several negative effects including
389 senescence, accelerated quality loss, reduced nutrient composition, increased fruit pathogen
390 susceptibility, physiological disorders in fruit and vegetables, and consequently the growth potential
391 of microorganisms present on fruit surfaces (Martínez-Romero *et al.*, 2007; Liu *et al.*, 2015).
392 Microbial growth can significantly affect fruit shelf-life and, in the case of pathogenic species, fresh
393 produce safety features. Consequently, the reduction of the transferring of the microorganisms from
394 the packaging materials, through the choose of the type of materials, can represent an important
395 strategy to increase food safety, shelf-life and sensory features as well as the sustainability of the
396 whole fresh produce production and distribution chain (decrease of waste, water and energy
397 consumption). In conclusion, the data obtained showed that cardboard compared to plastic can
398 significantly reduce the potential of packaging material to act as microorganism source for cross
399 contamination of fresh produces. In fact, both the probabilistic (logit model) and the deterministic
400 models (according to response surface methodology) showed a higher microbiological qualities (in
401 terms of transferring probability for *E. coli* or cell load recorded for *S. cerevisiae* and *Pseudomonas*
402 spp.) of peaches stored in cardboard boxes independently on the independent variables considered.
403 In addition, the mathematical approaches used permitted also to evaluate the role of the
404 temperature, commercialization time and number of lesions on the microbial transferring and the
405 fruit microbiological quality of the product independently to packaging material used.
406 Consequently, this data can contribute to optimize the fresh produce logistic and distribution, even
407 if the model needs to be validated by a scaled-up trial. The best performances of cardboard
408 compared to plastic presumably can be due to the reduction of the superficial contamination level of
409 corrugated cardboard boxes compared to plastic due to its entrapping capability in the fiber of
410 cardboard. However, although the results of this study indicate the use of cardboard as a tool to
411 reduce the microbial contamination level of fresh produces, further studies are necessary to verify
412 the entrapping capability of packaging material in relation to the storage and distribution conditions.

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423 **TABLES**424 **Table 1.** Independent variable levels adopted in the Central Composite Design*
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run	Temperature (°C)	Commercialization time (h)	Number of lesion (n)	426
1	9	29	1	427
2	9	58	1	
3	9	29	3	428
4	9	58	3	429
5	19	29	1	
6	19	58	1	430
7	19	29	3	
8	19	58	3	431
9	14	43.5	2	
10	14	43.5	2	432
11	14	14.5	2	433
12	14	72.5	2	
13	14	43.5	0	434
14	14	43.5	4	
15	4	43.5	2	435
16	24	43.5	2	
17	14	43.5	2	436
18	19	58	0	437
19	9	58	0	
20	9	29	0	438

439 * CCD was reinforced by the addition of 3 additional combinations (18, 19, 20) to allow a better prediction at the
440 lowest and highest values of the three independent variables considered

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445 **Table 2.** *Escherichia coli* cell loads, expressed as cfu/fruit, recorded for each analyzed fruit (in total 20 for each run) packed in plastic material.

run	T (°C)	Time (h)	Lesions (n)																				
1	9	29	1	1980	-*	-	-	-	-	2160	-	-	-	9000	30	30	150	30	9000	60	1140	-	3000
2	9	58	1	-	-	-	-	150	-	-	-	-	-	-	-	60	-	-	90	-	-	-	-
3	9	29	3	930	9000	30	1800	30	30	9000	-	-	1800	-	60	1920	570	-	-	9000	90	180	90
4	9	58	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
5	19	29	1	9000	9000	9000	9000	9000	9000	-	30	3000	9000	9000	9000	750	1170	9000	1500	1650	300	120	450
6	19	58	1	-	-	-	-	30	30	30	30	90	30	180	90	360	450	30	-	180	-	150	60
7	19	29	3	-	-	60	180	30	60	30	60	9000	9000	300	1800	30	390	90	-	-	-	840	-
8	19	58	3	180	9000	270	-	60	-	-	-	-	300	-	210	-	660	-	-	630	9000	450	-
9	14	43.5	2	30	180	120	30	30	9000	9000	9000	60	90	90	1260	210	-	510	9000	9000	1020	1800	1680
10	14	43.5	2	9000	120	30	-	-	30	-	-	-	-	-	9000	390	210	-	9000	30	-	-	-
11	14	14.5	2	6030	-	-	660	-	4290	4500	-	690	30	4500	30	-	900	900	3150	9000	9000	4500	9000
12	14	72.5	2	30	150	60	-	-	-	30	9000	9000	30	-	-	-	-	1200	900	60	60	90	-
13	14	43.5	0	60	-	9000	9000	9000	9000	9000	-	30	90	210	180	1440	30	9000	1500	540	30	9000	840
14	14	43.5	4	-	30	-	-	360	30	9000	9000	450	9000	480	-	360	1110	2340	1680	9000	9000	9000	900
15	4	43.5	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
16	24	43.5	2	150	-	120	60	9000	9000	9000	9000	9000	-	540	9000	870	9000	1080	9000	9000	9000	9000	2100
17	14	43.5	2	-	90	30	60	60	-	-	9000	-	9000	-	120	450	210	240	450	-	-	570	2040
18	19	58	0	-	-	-	-	-	-	-	-	60	30	30	150	570	-	-	-	-	-	-	-
19	9	58	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
20	9	29	0	-	-	90	30	30	30	-	-	30	60	30	-	-	30	60	60	240	-	90	60

446 * Under the detection limit (30 cfu/fruit).

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460 **Table 3.** *Escherichia coli* cell loads, expressed as cfu/fruit, recorded for each analyzed fruit (in total 20 for each run) packed in corrugated cardboard boxes.

run	T (°C)	Time (h)	Lesions (n)																	
1	9	29	1	-*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2	9	58	1	-	-	-	-	-	-	-	-	30	30	-	-	-	-	-	-	-
3	9	29	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
4	9	58	3	-	30	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
5	19	29	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
6	19	58	1	-	30	-	-	-	90	-	-	-	-	-	-	-	-	-	-	-
7	19	29	3	-	-	-	-	-	-	-	-	30	90	30	-	30	-	-	-	-
8	19	58	3	-	-	-	-	30	-	-	-	-	-	-	-	-	-	-	-	-
9	14	43.5	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10	14	43.5	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
11	14	14.5	2	-	-	-	30	-	-	-	-	-	-	-	-	30	-	-	-	30
12	14	72.5	2	-	-	-	-	270	30	-	-	-	-	-	570	60	30	-	-	-
13	14	43.5	0	60	30	90	-	-	-	-	-	-	-	30	30	-	-	-	-	-
14	14	43.5	4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
15	4	43.5	2	-	1920	480	-	-	-	-	-	-	-	-	-	-	-	-	-	-
16	24	43.5	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
17	14	43.5	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
18	19	58	0	300	-	-	-	-	-	-	1440	30	-	-	-	-	-	-	-	-
19	9	58	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
20	9	29	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	30

461 * Under the detection limit (30 cfu/fruit).

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475 **Table 4.** Coefficients estimated for the polynomial equations obtained for plastic and corrugated cardboard boxes

	Plastic boxes	Corrugated cardboard boxes
Costant	0.176	-4.73
Commercialization time	-0.0587	0.019
Number of lesions	0.11	-0.179
Storage Temperature	0.1917	0.103
Chi-square	103.46	9.33
	P<0.00001	P=0.025

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484 **Table 5.** *Pseudomonas spp* cell loads, expressed as log cfu/fruit, of peaches packed in plastic in relation to the considered run and level of the independent
 485 variables.

run	Cell load* (Log cfu/fruit)	Time to reach 7 log cfu/fruit** (h)	Temperature (°C)	Commercialization time (h)	Number of lesion (n)
1	4.0	109	9	29	1
2	4.9	111	9	58	1
3	4.5	95	9	29	3
4	5.6	95	9	58	3
5	4.3	94	19	29	1
6	5.3	99	19	58	1
7	3.5	91	19	29	3
8	5.5	94	19	58	3
9	5.6	92	14	43.5	2
10	6.1	80	14	43.5	2
11	4.3	83	14	14.5	2
12	6.3	92	14	72.5	2
13	3.9	121	14	43.5	0
14	4.6	104	14	43.5	4
15	3.3	143	4	43.5	2
16	6.9	49	24	43.5	2
17	6.1	66	14	43.5	2

18	4.7	102	19	58	0
19	5.5	98	9	58	0
20	4.4	81	9	29	0

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487 *cell loads at the commercialization time fixed by CCD

488 ** time in hours necessary to reach 7 log cfu/fruit. This value was chosen because in our experimental conditions, it corresponds to a sensory spoilage and rejection of fruit

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500 **Table 6.** *Pseudomonas spp* cell loads, expressed as log cfu/fruit, of peaches packed in corrugated in relation to the considered run and level of the independent
 501 variables.

Run	Cell loads* (Log cfu/fruit)	Time to reach 7 log cfu/fruit ** (h)	Shelf-life increase*** (h)	T (°C)	Commercialization time (h)	Number lesion (n)
1	3.2	141	32	9	29	1
2	3.6	148	37	9	58	1
3	3.5	139	44	9	29	3
4	3.1	151	56	9	58	3
5	3.3	118	24	19	29	1
6	3.6	132	33	19	58	1
7	3.5	117	26	19	29	3
8	3.7	138	44	19	58	3
9	3.7	126	34	14	43.5	2
10	3.7	133	53	14	43.5	2
11	3.0	116	33	14	14.5	2
12	4.2	144	52	14	72.5	2
13	3.3	149	28	14	43.5	0
14	3.6	134	30	14	43.5	4

15	2.9	167	24	4	43.5	2
16	4.1	121	72	24	43.5	2
17	3.3	129	63	14	43.5	2
18	3.6	140	38	19	58	0
19	3.6	155	57	9	58	0
20	3.8	139	58	9	29	0

502 *cell loads at the commercialization time fixed by CCD

503 **Time in hours necessary to reach 7 log cfu/fruit. This value was chosen because in our experimental conditions, it corresponds to a sensory spoilage and rejection of fruit

504 *** shelf-life increase of peaches packed in corrugated with respect ones placed in plastic

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518 **Table 7.** Best-fit equations relative to the effects of the different CCD independent variables on the
 519 *Pseudomonas* and *Saccharomyces cerevisiae* cell loads on peaches packed in plastic and corrugated
 520 cardboard boxes.
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Packaging	Equation*	Parameters**			
		R	F	df	p
Plastic	<i>S. cerevisiae</i> cell load=3.96+0.001294T ² +0.001043T x t	0.91	43.91	2.18	0.000000
Corrugated	<i>S. cerevisiae</i> cell load =2.976+0.00939T x nl	0.61	10.98	1.18	0.003866
Plastic	<i>Pseudomonas</i> spp. cell load = 3.37+0.035965t	0.53	7.27	1.18	0.014765
Corrugated	<i>Pseudomonas</i> spp. cell load =3.09+0.000693T ²	0.66	13.91	1.18	0.0015

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524 * cell load expressed as log cfu/fruit; T= temperature in °C; t= commercialization time in hours; nl= number
 525 of lesion/fruit

526 **R=regression coefficient; F= F-value; df=degree freedom p=only terms with p<0.05 were included

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544 **Figure Caption**

545 **Figure 1.** *Escherichia coli* transfer probability from plastic to packed peaches after 24 (a) and 48
546 (b) hours of commercialization in relation to the storage temperature and number of lesions. The
547 green, red and blue lines correspond to 0, 2 and 4 lesions, respectively

548 **Figure 2.** *Escherichia coli* transfer probability from corrugated cardboard boxes to packed peaches
549 after 24 (a) and 48 (b) hours of commercialization in relation to the storage temperature and number
550 of lesions. The green, blue and red lines correspond to 0, 2 and 4 lesions, respectively

551 **Figure 3.** *Saccharomyces cerevisiae* cell loads (log cfu/fruit) detected in peaches packed in plastic
552 in relation to the Temperature and commercialization time

553 **Figure 4.** *Saccharomyces* cell loads (log cfu/fruit) detected in peaches packed in corrugated in
554 relation to the Temperature and number of lesion

555 **Figure 5.** *Pseudomonas* cell loads (log cfu/fruit) detected in peaches packed in plastic in relation to
556 the Temperature and commercialization time

557 **Figure 6.** *Pseudomonas* cell loads (log cfu/fruit) detected in peaches packed in corrugated in
558 relation to the Temperature and commercialization time

559 **Figure 7.** Experimental data points of *Pseudomonas* spp. recorded in peaches stored in plastic (a)
560 and in cardboard (b) at 4°C (run 15, blue line) 14°C (run 10, red line), 24°C (run 16, green line)
561 obtained from Gompertz model fitting.

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Figure 01.TIF

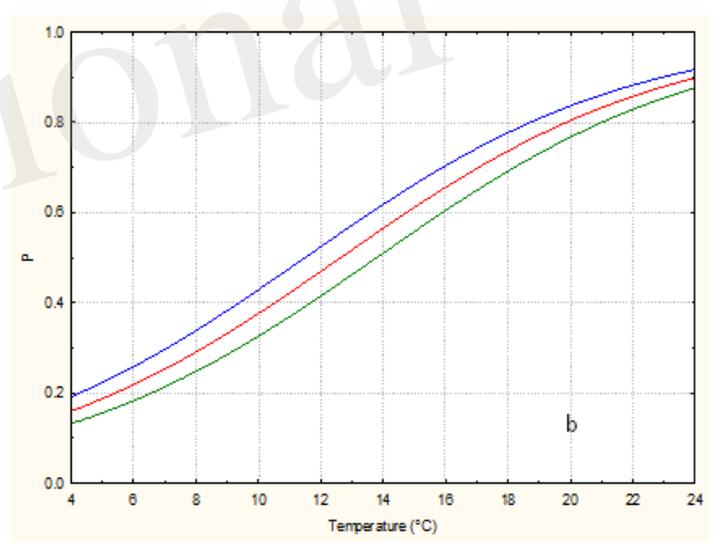
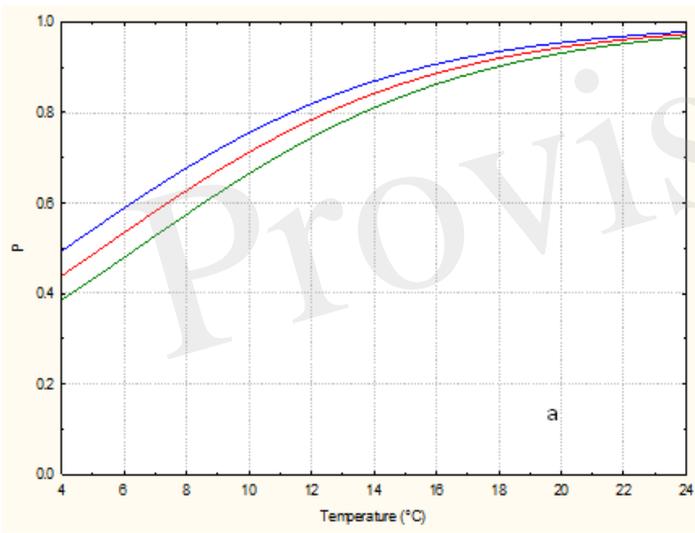


Figure 02.TIF

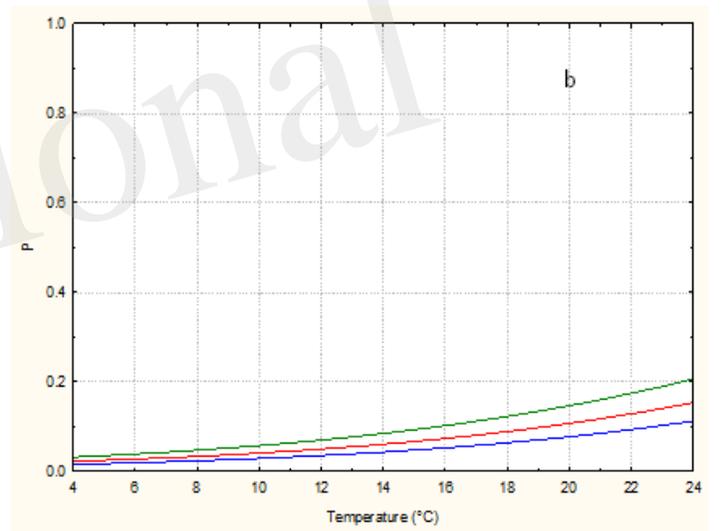
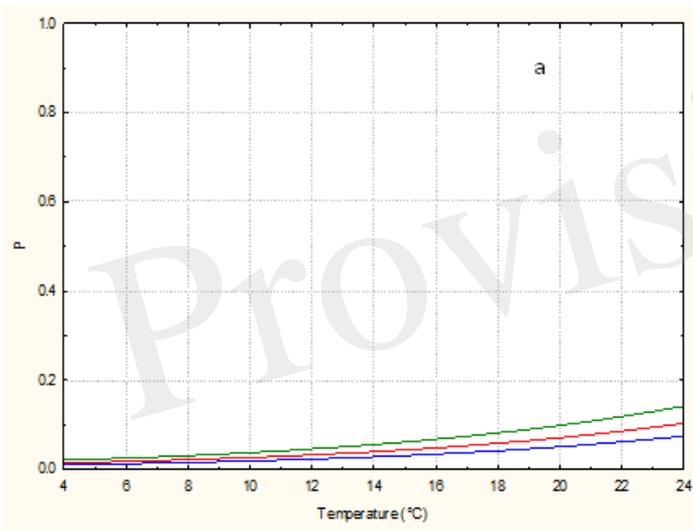


Figure 03.TIF

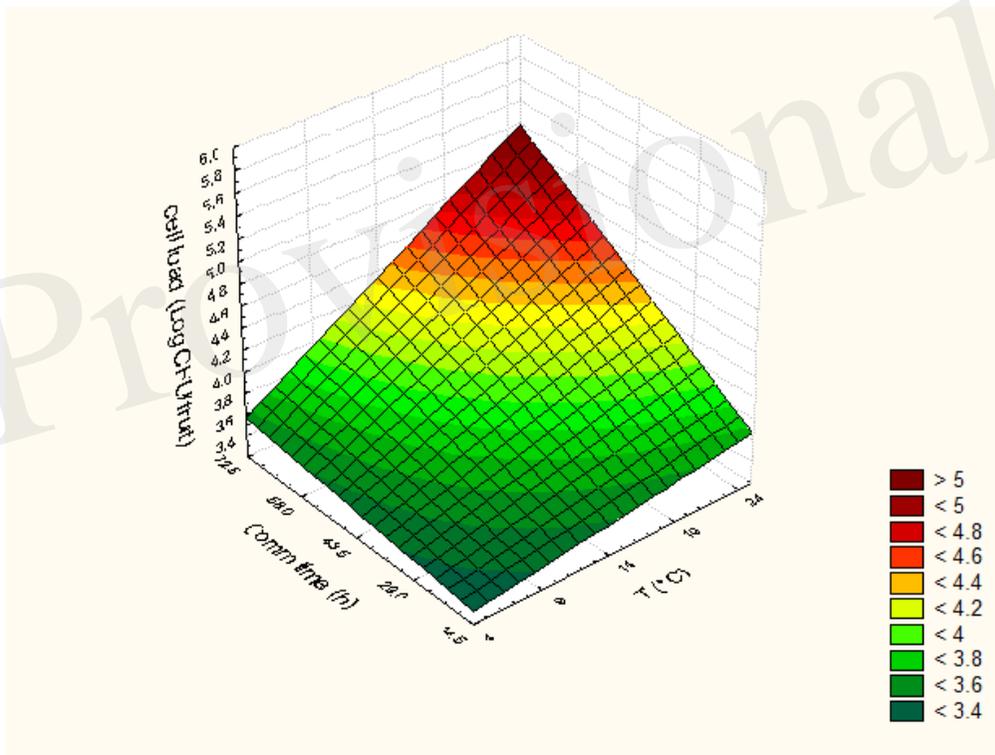


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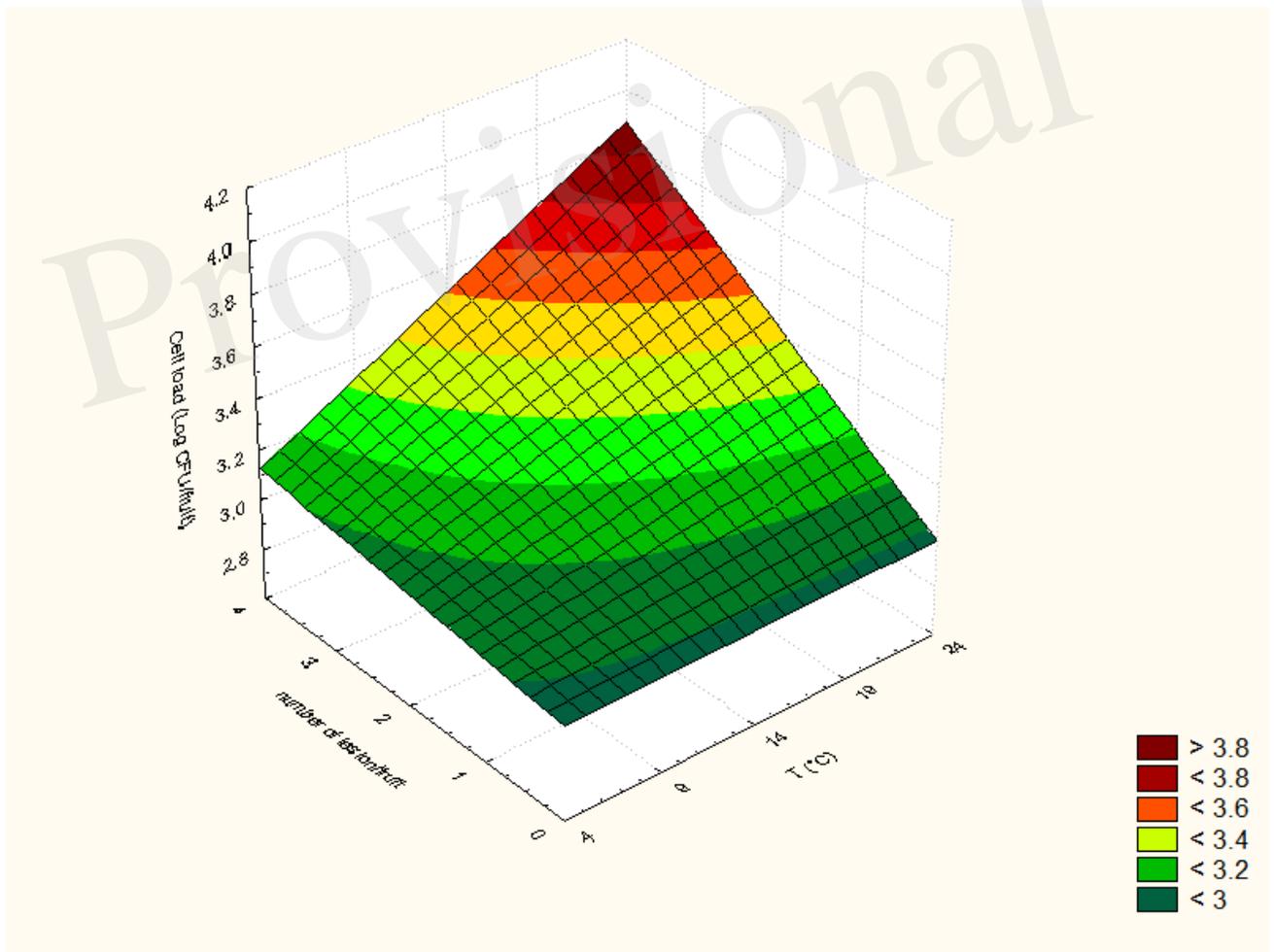


Figure 05.TIF

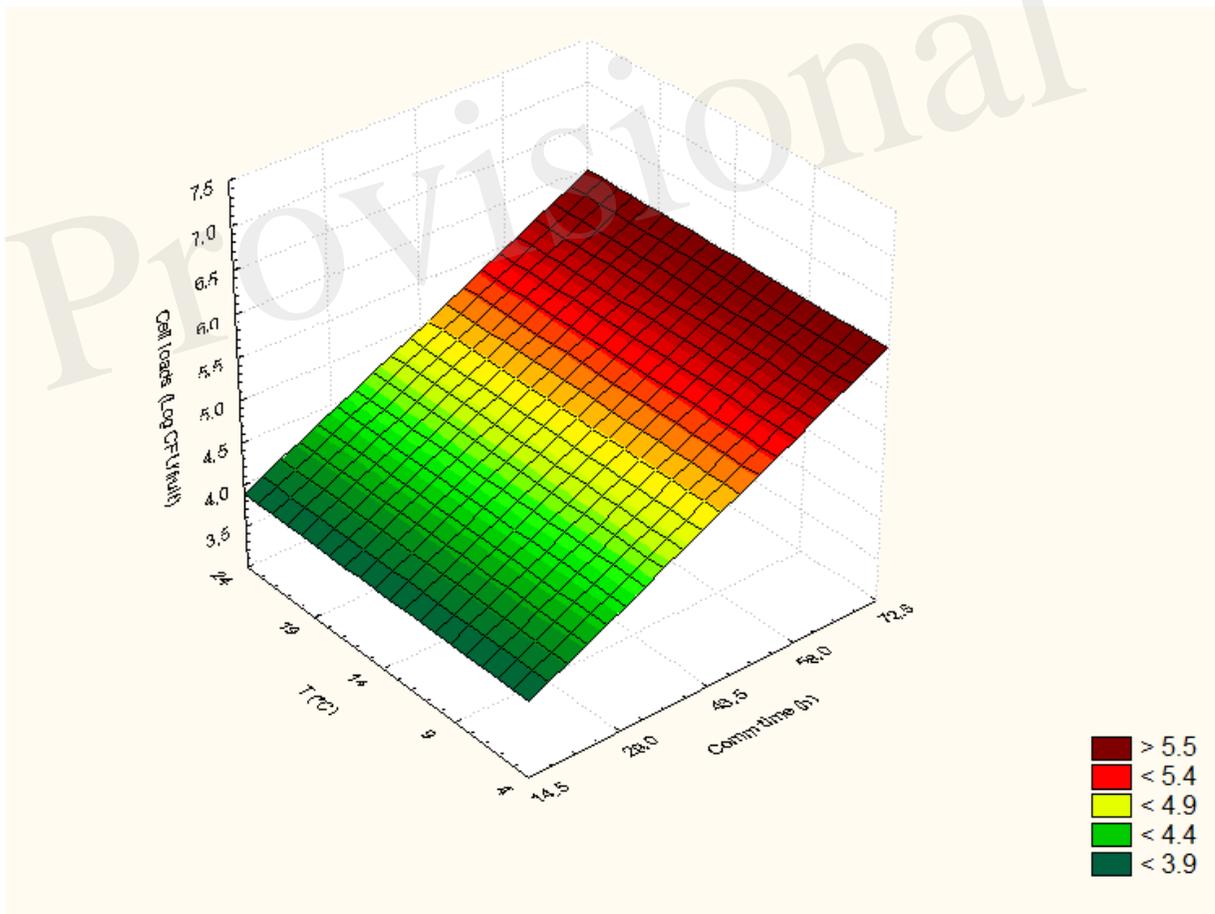


Figure 06.TIF

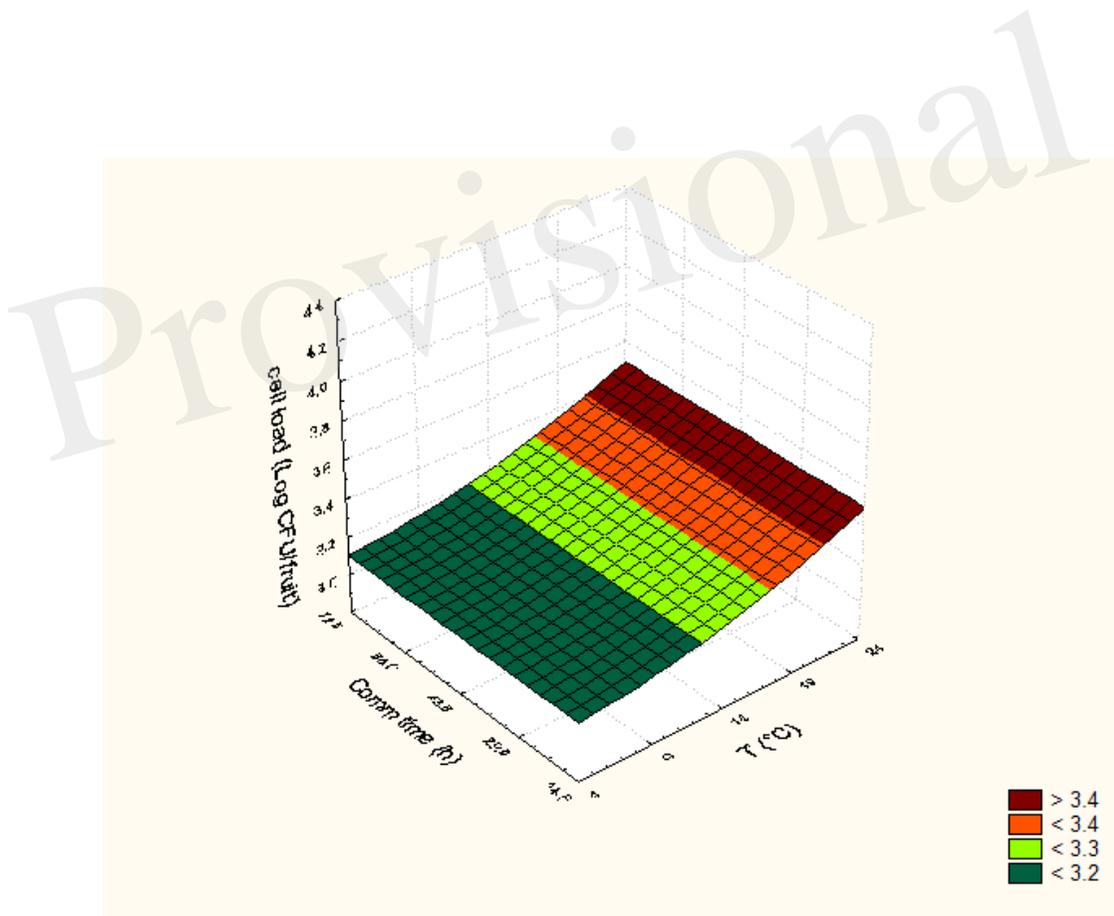
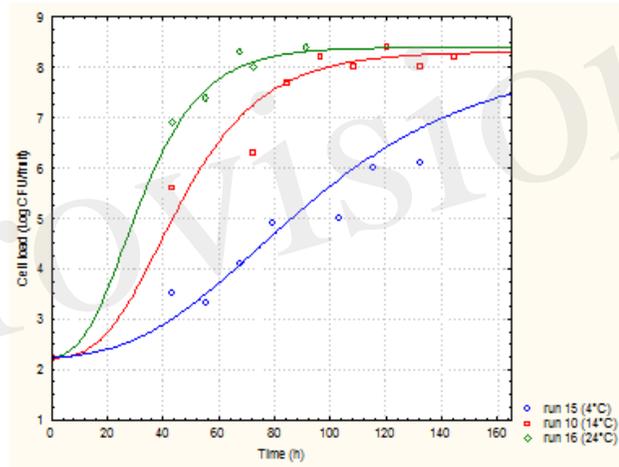


Figure 07.TIF

a



b

